

Looking for something special?

Heaven Therapy Selection Box

£45pp

Like a yummy box of chocolate's we've picked 3 Favorites; Back Massage, Foot Massage, Indian Head Massage and combined fabulous dreamy 1 ½ Hours of total relaxation. Last year's most popular package!



We use a holistic approach in our treatments which is a deceptively simple but powerful form of healing, involving touch, movement and energy, qualities long associated with well-being and good health. It has been practised in one form or another for thousands of years. Today it is recognised increasingly as a powerful aid to the body's own healing mechanisms, it has a profoundly calming effect on the neuromuscular system bringing about deep relaxation and restoring energy.

What else do we offer?

- Online appointment booking 24/7
- Online Gift Voucher Purchases
- Block booking discounts
- Pamper events

Find out more online at www.heaventherapy.co.uk



Gift vouchers available to purchase online or at reception



Book your appointment online

www.heaventherapy.co.uk
or call 0191 3404794

Spa Policy

Time

We request new clients to attend at least 10 minutes prior to the scheduled appointment time in order to complete necessary paperwork. It is with regret, that due to busy clinic schedules, we cannot extend any treatment should you be late for an appointment

Peace & Tranquility

Our spa environment is one of tranquillity and relaxation. Please respect all spa guests' right to privacy and serenity. Please maintain conversations at a considerate volume in all areas and turn off mobile phones

Aftercare Advice

After treatments, we advise clients to drink plenty of water or herbal teas. It is recommended that you take it easy. If you require any further information, please consult your therapist

Cancellation Policy

Whilst we appreciate that sometimes unforeseen circumstances can occur. Appointments at Heaven Therapy are precious, therefore, please contact us within 24 hours by telephone or email to cancel your appointment or a charge of 50% may be payable. A 100% fee will be payable for any 'no-show' appointments. We send email and text reminders to clients 24 hours prior in order to remind you of your appointment. We reserve the right to charge a £5 booking fee per person to guarantee appointment bookings.

Undergarment Policy

Required for both male and female clients. We reserve the right to refuse treatment for any breach of this policy.

Under 16's

Parental consent is required for under 16's for any treatment. We do not offer nail treatments to anyone under 14.

Gift Vouchers

Heaven Therapy Gift vouchers are available to purchase online, by telephone or from reception & are valid for 6 months from date of issue

Payment

We accept cash, all major credit & debit cards (except American Express) or Gift Vouchers. A charge of 50p will be applied to card payments less than £10

Group Bookings & Pamper Packages

It is our policy to take a non-refundable 50% deposit for dual, group or pamper package bookings with a value of £40+

HEAVEN THERAPY

Offers relaxing, rejuvenating and therapeutic treatments to restore health and promote well being



Heaven Therapy
4 St Georges Road,
Cullercoats,
NE30 3JY

(Exit Metro Station from platform 1 and turn left)

Opening Hours

Monday 12-6pm
Tuesday 12-7pm*
Wednesday & Thursday 12-8pm
Friday 12-6pm
Saturday 10-4.30pm
Sunday - On Request
*Not every week

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Holistic Treatments Massage & Reflexology

			Associate Therapist	Spa Director
Aromatherapy Full Body Massage	60mins	£35	£40	
Aromatherapy Back Massage	30mins	£22	£25	
Therapeutic Back Massage	60mins	£35	£40	
	30mins	£22	£25	
Therapeutic Full Body Massage	60mins	£35	£40	
Bamboo Massage	30mins	£20		
	60mins	£35		
Back, Neck & Shoulder Massage	60mins	£30	£35	
Indian Head Massage	45mins	£25		
Leg & Foot Massage	45mins	£25		
Hot Stone Full Body Massage	60mins	£40		
Hot Stone Back Massage	30mins	£25		
Deep Tissue / Sports Massage	60mins	£40		
	30mins	£25		
Ultimate head to toe Massage	90mins	£50		
Foot Reflexology	60mins	£30	£35	
	30mins	£18	£25	
Hand Reflexology	45mins		£30	
Combo Treatments	60mins	£30		
Combine 2 of your favorite treatments into a	60min			

Facial Treatments

Kaeso Holistic Facial	60mins	£25	
Kaeso Holistic Mini Facial	30mins	£15	
Anti Ageing Facial	60mins	£25	
Deep Cleansing Facial	60mins	£25	

dermalogica[®]

a skin care system researched and developed by The International Dermal Institute

Dermalogica Facial 60mins £35

Dermalogica Skin Treatments are truly revolutionary as they are customised at every step by our Therapists using the Face Mapping Analysis method. Each treatment is unique and individual using a tailored combination of Dermalogica's Skin Systems to make your skin look and feel fantastic. Each facial includes double deep cleanse, face mapping, exfoliation, steam, massage, mask, & scalp massage.

Dermalogica Express Facial 30mins £25

Specialist Treatments



Fertility & Reproflexology

Experiencing issues with your (or your partner's) fertility can be an extremely difficult and emotional time. Although reflexologists do not claim to cure infertility, treatments are incredibly calming and relaxing which may in turn, help to balance the hormones that are fundamental to the optimum functioning of the reproductive system.

Initial Consultation	60mins	£45
Follow up appointments	45mins	£35

Fertility Massage also available, for details, visit www.naturallyheaventherapy.co.uk

Pre Natal Massage

This specialised, relaxing and nurturing full body massage uses traditional Swedish techniques to ease out tension and soothe the aches and pains related with pregnancy. Your therapist will combine massage and reflexology as and when appropriate to ensure you get the most benefit from your treatment.

Pre-natal Massage	60mins	£35	£40
	90mins	£50	
Pre Natal Leg & Foot Massage	45mins	£28	£33
Pre-Natal Reflexology	45mins	£35	
Induction of Labour Reflexology	45mins	£40	

Post Natal Massage

Post natal Massage is tailored to your individual needs to help you adjust to being a mother. There are many benefits to post natal massage.

Post-natal Massage	60mins	£35	£40
	90mins	£50	

- Our Spa Director can see you from giving birth
- Our Associate Therapists can see you from 12 weeks post natal
- You are treated as post natal until 6months after giving birth, however you must be finished breastfeeding

Waxing & Tinting Treatments

Eyebrow Wax / Shape	15mins	£5
Half Leg Wax	30mins	£12
Full Leg Wax	40mins	£15
Underarm Wax	10mins	£8
Lip or Chin Wax	10mins	£7
Lip & Chin Wax	20mins	£10

Eye Treatments

Eye Lash Tint*	15mins	£7
Eye Brow Tint*	15mins	£7
Eye Lash & Brow Tint	15mins	£12
Eye Package		
Inc Eyebrow Shape, Brow Tint*, Lash Tint*	30mins	£16

*Patch test required at least 24hrs before, all times are approximate

Nail Treatments

		OPI	GEL
Mani or Pedi Shape & Polish	30mins	£12	£15
Mani & Pedicure Shape & Polish	60mins	£19	£25

Deluxe Manicure
Shape, Cuticle work, hand & arm massage & Polish
60mins £18 £22

Deluxe Pedicure
Relaxing Foot Soak, Hard skin removal, Shape, Cuticle work, foot massage & Polish
60mins £22 £26

Removals
You will receive a complimentary removal If having polish re-applied or a fee of £5 will apply for removal only.

We do not apply or remove acrylic nails

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